

## International Day Against Drug Abuse and Anti-trafficking

26 June is the International Day against Drug Abuse and Illicit trafficking. The day seeks to strengthen action and cooperation in achieving a world free of drug abuse.

Addiction can be an unending, agonizing struggle for the person using drugs; suffering is needlessly compounded when people cannot access evidence based care or are subjected to discrimination. The consequences of drug use can have ripple effects that hurt families, potentially across generations, as well as friends and colleagues. Using drugs can endanger health and mental health and is especially harmful in early adolescence.

We all want our children and loved ones to be healthy, and we want neighbourhoods and countries to be safe.

Solutions to these shared threats and challenges to achieve our shared goals must also be shared and based on evidence.

*Ghada Waly, Executive Director United Nations Office on Drugs and Crime*

# 5%

percentage of global deaths attributed to substance use



284 million people worldwide aged 15–64, used a drug within the last 12 months. The majority of these were men

Source: United Nations Office on Drugs and Crime (2022)

# 60%

of patients admitted to mental health institutions were due to drug-related problems

Source: Ministry of Health and Child Care (2020)

# 98%

percentage of respondents who reported the prevalence of drug and substance use in their community. Most reported that it was 'very high'

### Drug and substance abuse is a major, recurring issue across CivActs communities.

Most Commonly Abused Drugs and Substances



# 96%

percentage of respondents who reported that it was 'easy' to acquire drugs or illicit substances

# 91%

percentage of respondents who felt that more needed to be done to deal with drug dealers

# 30%

of respondents said they had reported drug dealers to the authorities

# 60%

found the authorities were unresponsive

## Zimbabwe National Drug Master Plan

In 2020 introduced the Zimbabwe National Drug Master Plan. In the plan, the government lays down a plan to mitigate rising drug and substance abuse using an integrated and comprehensive approach.

The plan provides a national framework for addressing drug abuse by reducing:



### DEMAND

Reducing demand for drugs through ·primary interventions (awareness raising programs in schools, in the workplace and family support programs) ·secondary prevention (establish and disseminate National Treatment Guidelines for Alcohol and Substance Abuse and improve training of health workers on the management of drug and substance abuse problems) ·Tertiary interventions – establish rehabilitation from community level.



### SUPPLY

Reducing supply of drugs through legislative changes, strengthening law enforcement and strengthening monitoring systems for controlled substances.



### HARM

Reducing harm associated by use of illicit substances in the community by using harm reduction strategies.

## #WalktheTalkonDrugs

The government must walk the talk and turn these commitments into meaningful action. It is our role, right, and responsibility to hold them accountable.

**Tell us what  
you think**



**+263 780 379 866**

**What is your experience?  
Have you tried to report drug  
activity in your community  
to the authorities? What did  
they do?**

**Are there affordable  
treatment services  
available to your  
community?**

**What do you want  
the government to  
know about this  
issue?**

## Ask for Help

### Public Centers

Sally Mugabe Psychiatric Unit (Harare)  
Parienyatwa Annex Psychiatric Unit (Harare)  
Ingutsheni Psychiatric Hospital (Bulawayo)  
Ngomahuru Hospital and Halfway House (Masvingo)

### Private Centers

Highlands Halfway Home 08644210999  
Ruwa Rehabilitation Center 0273790238  
Serenity Mind Center 0716825245  
Mandipa Hope Rehabilitation 0776991153/55,07144775601/23  
Tirivanhu Rehabilitation 0773593014  
Mubatirapamwe Trust 0772379751  
Beatrice Rehabilitation Center Harare  
For Youths by Youths, Harare & Mash West 0775462468/077323891